

OPIOID TOOLKIT QUICK SHEET

IAFCC 2021



The Opioid epidemic is defined by the presence of widespread misuse and addiction to opioids. According to the Center for Disease Control (CDC), each day 91 Americans die from opioid overdoses. This quick sheet aims to provide clinicians of the Illinois free and charitable clinics knowledge and resources to help eliminate the epidemic.

WHO IS AT RISK FOR OPIOID OVERDOSE?

Those who:

- Use opioids for long-term pain management
- Use street drugs or misuse prescription Opioids
- Receive rotating Opioid regimens
- Were recently discharged from an emergency setting for opioid overdose
- Have substance use disorder
- Have been abstinent from opioid use and have decreased tolerance

PAIN MANAGEMENT TOOLS

- Opioids are NOT first-line or routine therapy for chronic pain
- Establish and measure goals for pain and function
 - Utilize pain assessments (i.e. PEG)
- Discuss benefits and risks and availability of non-opioid therapies with patient
 - Consider a multidisciplinary approach

Examples: Nutrition, Music Therapy, Acupuncture, Interventional Treatments

Refer to the CDC for additional guidance

FAMILY RESOURCES

- #1 Educate individuals at high risk, family members, and others to learn how to spot and prevent opioid overdoses.
- #2 Promote treatment awareness (MOUDs & Behavioral Health Centers)
- #3 Targeted distribution and training of naloxone
- #4 Encourage public to call 911

REFERRALS FOR THE UNINSURED

Substance Abuse and Mental Health Services Administration (SAMHSA)

- Free National Helpline: 1-800-HELP (4357) or 1-800-487-4889 for the hearing impaired
- Behavioral Health Treatment Services Locator
- Buprenorphine Practitioner Locator

Illinois Department of Public Health
OUD/SUD Free Helpline: 1-833-2FINDHELP

See reverse/next page for Medicaid, FQHC, Harm Reduction Organizations, and Behavioral Health Treatment Centers.

PROVIDER RESOURCES

Addressing Stigma: The American Psychiatric Association has shown that a fear of stigma prevents patients with OUD from seeking treatment and results in poor health outcomes. The following organizations provide resources to address this stigma so that patients can feel supported:

- National Institute on Drug Abuse (NIDA)
- Providers Clinical Support System (PCSS)

Prescriber Resources:

- Federal Drug Association (FDA)
- PrescribeToPrevent
- SAMSHA
- NIDA
- PCSS

See reverse/next page for details

OPIOID USE AND ABUSE RESOURCES



Medicaid Information

- **Will you save? Do a quick check | HealthCare.gov:** Enter state, income, household size to determine if you are eligible for Medicaid coverage.
- **Illinois.gov - IL Application for Benefits Eligibility (ABE) ABE Home Page:** Application for benefits and resources to determine eligibility. Benefits include food assistance, cash assistance, and healthcare.
- **IDHS: Frequently Asked Questions Medical Assistance (state.il.us):** Answers to frequently asked questions about Medicaid in Illinois and additional resources.

Medication-Assisted Treatment Centers

FQHC

- **Crossing Healthcare:** Decatur, IL. Phone number: 217-877-9117
- **Greater Elgin Family Care Center (gefcc.org):** In Elgin, IL. Virtual Visits Now Available. Phone number: (847) 608-1344
- **Heartland Health Centers:** 17 locations in Chicago area
- **Lawndale Christian Health Center:** In Chicago, IL. Phone number: 872-588-3000
- **SIHF Healthcare:** Southern Illinois Health Foundation, Sauget IL. Phone Number: 618-332-0694

Other

- **Haymarket Center (hcenter.org):** Provides behavioral health, substance abuse treatment, detox, and MAT. Takes insurance and self-pay, but if you are uninsured they have health navigators on staff to help patients get access to benefits.
- **ACCESS Community Health (achn.net):** Provides MAT at various locations in the greater Chicago area. Patients will not be turned away due to insurance status/inability to pay.
- **Gateway Foundation:** Provides a range of high quality, cost-effective treatment options including MAT. Includes programming for adolescents

Harm Reduction Organizations

- **Chicago Recovery Alliance (anypositivechange.org):** Provides a range of services including safe injection equipment, harm reduction services, and referrals into treatment. The Van locations can be found on the website.
- **Live4Lali:** Offers a range of programs and has a team of healthcare providers working with them. Working to reduce the stigma associated with SUD and helping the patients and family members affected. Offer harm reduction resources, peer support and meetings, education and prevention resources, and more. During the COVID-19 pandemic, they have shifted to virtual peer support meetings and offer naloxone and safe injection equipment by mail.
- **National Harm Reduction Coalition:** Provides maps of where to find local naloxone distribution programs and syringe exchanges.

Addiction Treatment Facilities

- **Above & Beyond (anb.today):** A Level I and Level II outpatient addiction facility on the west side of Chicago. They are a non-profit organization with private funding so that they do not turn away anyone due to an inability to pay. They have counselors on staff and groups to help aid in recovery. For individuals looking to help call: 773-940-2960
- **Illinois Free Rehab Centers:** Search by zip code for free rehab centers for low-income patients.
- **Chicagoland Region Narcotics Anonymous (chicagona.org):** Help patients find the closest Narcotics Anonymous meeting.
- **IDHS: Peer Recovery Support Services (state.il.us):** A list of peer recovery community organizations in Illinois. Peer recovery is an evidence-based practice where people who have undergone their own recovery are trained to support those who are currently pursuing recovery.

Screening Materials

A brief screening tool allows rapid identification of a possible substance use problem or risk of one.

NIDA Pre-Screen:

If patient says yes to any, proceed with full screening.

Quick Screen Question:	Never	Once or Twice	Monthly	Weekly	Daily or Almost Daily
In the past year, how often have you used the following?					
Alcohol					
<ul style="list-style-type: none"> • For men, 5 or more drinks a day • For women, 4 or more drinks a day 					
Tobacco Products					
Prescription Drugs for Non-Medical Reasons					
Illegal Drugs					

▪ If the patient says "NO" for all drugs in the Quick Screen, reinforce abstinence. Screening is complete.

source: IAFCC 2021 Opioid Toolkit

Prescriber Resources

- **Providers Clinical Support System (pcssnow.org):** Provides different resources related to diagnosis and management of OUD and opioid prescribing.
- **National Institute on Drug Abuse (NIDA):** Provides science-based resources related to the causes and consequences of drug use and addiction, and advances in pain management. Screening resource available. Medical education credits free of charge.
- **Opioid Analgesic Risk Evaluation and Mitigation Strategy (REMS) | FDA:** Provides physician training and patient education on OUD treatment medications as required by the FDA for extended-release and long-acting opioid analgesics.
- **PrescribeToPrevent:** Provides health care workers with resources on how to educate patients on how to reduce overdose risk and provide naloxone kits to patients.
- **TIP 63: SAMHSA's treatment improvement protocol** provides in-depth information for health care professionals, patients, and families.